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village by this time, and there her relatives give her sweets, show her beautiful views, and if possible beautiful dresses. She has to be careful lest too many sweets lead to worms in her stomach or in her newborn child. It is not unusual for sexual relations to occur in the latter part of a pregnancy. Because of the dangers just stated, it does not occur in the fifth or eighth month, lest the woman miscarry. In the eighth or ninth month, however, the girl generally has a strong sexual desire, and in the last month the couple may discretely have intercourse. This is done with care: they lie on their sides or adopt some other position so that no weight is placed on the womb. This intercourse is said to satisfy the woman and ensure that she has no problem with the delivery. One old therapist used to advise when a delivery was late that the couple should have intercourse, and then delivery would follow within a day or two.

When the confinement is imminent, the woman moves back to her father's house, especially if it is her first pregnancy, because she will get better treatment there. While she is there everyone in the hamlet should feed her one meal. For subsequent births she may be allowed to remain at her husband's house, and may use the outer room for her confinement (Thurston 1909 : 109). For the first confinement, however, she is taken to her father's house even if she does not want to go.

Birth

4.6. Women generally deliver after the ninth month is completed, but some do so 10-15 days before this, others 10-15 days after. There may even be successful births at the end of the tenth month, generally in a subsequent delivery, not a woman's first. Such a birth, however, is probably accounted for by the pregnancy in fact having started only at the month following that which is being counted from. It is recognized that conception could have occurred on any day up to the one when the last menses was expected but failed to appear. Otherwise when a birth is a long time overdue it usually means there will be twins. One of these is always weak, and it needs the extra time to develop properly.

Some 40-50 per cent of women give birth a day or two before the new moon or the full moon; so they must be careful as the new moon and the full moon approach. Sometimes they give birth

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clarified butter and sweet flag. All but the last two are grown in the plains and bought in the bazaar. Sweet flag is a Nilgiri plant the rhizome of which is dried. These items have to be mixed in particular proportions. The dried ginger is a rhizome one cm. thick; a piece one cm. long is used; also the same amount of sweet flag rhizome; four small pepper seeds; one teaspoonful of the small cumin seeds; three or four cloves; 1/2 cube of sugar; 1/2 teaspoonful of coffee powder; and two teaspoonfuls of clarified butter. Except for the butter, coffee, sugar, and cumin, these items are crushed on an open mortar with a metate-like stone roller. This object, about 20 cms. across, is called *maddare* or *matkallu*, and is used exclusively by Badaga therapists for grinding up medicines. An empty pot is put on the fire, and the cumin seeds roasted in it; when ready, they make a crackling sound. Then about two tumblers of water and the crude sugar are added, and after them the other ground items. As soon as the water boils the coffee powder is added; and when the liquid has half evaporated, it is filtered carefully through a piece of clean white cloth into a tumbler containing the clarified butter. When it has cooled a little this mixture is given to the woman to drink. After that her pains stop if the delivery is not really imminent; or else she has a quick delivery.

4.8. For a week or so before the expected birth the neighbours and other women of the girl's lineage keep an eye on her. When one of them has to go off to the fields to work she first calls to enquire about the health of the expectant woman. As soon as labour starts her parents send messages to all of the neighbouring houses, and also to her husband's house. The latter is supposed to pay the messengers who bring the news to him.

There is generally more than one midwife in each village. There are usually also some girls studying midwifery, so that as the years pass the younger women can take over from the old midwives. No male is allowed to be present at a Badaga birth. Any woman can be there, and generally women who know how to deliver a baby are asked to come, as are the girls who are learning midwifery. There is no rule that small girls should be excluded but they usually are because they may become afraid. For that same reason pregnant women are generally not allowed there. Women who are breast-feeding babies are also strongly advised not to come, since the strong smell may have a bad effect on both mother and child. Despite such warnings some brave nursing mothers may still come,

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in the days immediately after the new or full moon. It is believed that a male birth on the night of the full moon or the next day is auspicious, but if on the day of the new moon it is more inauspicious than on any other day (Reclus 1885: 203). This belief is enshrined in the saying, "The boy born on the new moon day is bad; the girl born on the full moon day is bad." (For purposes of Badaga ritual practice, and this particular belief too, a sunset ends one day and is the beginning of the next.) A birth coming on a day between the new and the full moon is lucky; whereas one between the full and the new moon is unlucky. It is exceptionally auspicious if a *son* is born at the full moon, and luckier still if this happens to be the mother's eighth delivery (though not necessarily her eighth live birth). Under these circumstances the family will "prosper like a king's." If on the other hand it is a girl who is born at the new moon, or at her mother's eighth delivery, it is then believed that the family the child marries into will prosper, and so many will want to marry her.

The unfortunate boy born on the day of the new moon is called Tippa ; and a girl born at the full moon is similarly Tippe. As soon as such an unlucky child has been born it is put into an old winnow and dragged a few inches across the floor. The name Tippa means "rubbish dump," and this act symbolizes throwing the baby away as rubbish: afterwards the inauspicious birth will not have a bad effect on the family. Later, at its naming ceremony, the child will be given two names so that it does not have to be called by this distasteful one.

4.7. Long ago in cases of very difficult labour Badaga midwives performed Caesarean operations, using the small knife that is intended for severing the umbilicus. I could not ascertain whether the wound was stitched up afterwards: in those times people did not care very much whether the mother died, provided the child was born and remained alive. Now the opposite attitude prevails. Some midwives still know how to reach into a womb and remove a dead foetus. It should be noted that if a pregnant woman dies the foetus must be cut out before disposal of the mother's corpse: from this unfortunate custom some basic surgical knowledge was undoubtedly gleaned in the past.

Nowadays if a woman is having a particularly difficult labour a special mixture is prepared for her. Items used in this include dried ginger, pepper, cumin, clove, crude sugar, coffee powder,

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butter, palm sugar, and several limes will always be required and the husband should have purchased them a few days beforehand. Even the black peppers and other ingredients for the special curry given the woman after her delivery must all be provided by her husband. However, it is common nowadays for the girl's father to buy all of these materials, and her husband to reimburse him in cash.

4.9. In the old days delivery occurred only on the veranda, and never in the house, because it was an impure act. There were no separate menstrual huts for this, as with the neighbouring Kotas. Now the birth generally takes place in one of the outer rooms of the house. Some women even give birth in the inner, more sacred room, while others go to a hospital. In the old days however a screen of planks or blankets would be erected on the veranda to protect the woman from wind and cold; for then as now her body was bare during the delivery. A loincloth is simply put over her shoulders for a little warmth. Now that the event occurs inside the house though, the door is closed to keep in the heat.

When the woman starts to labour, people in her house call for a village midwife, who takes charge of the situation. It is said that in the old days the grinding stone was in front of the woman for her to hold on to. Nowadays, following their experience in hospitals, some women are delivered lying flat on their backs on the floor, with face upwards. More usually the woman kneels on the ground, with a girl in front of her to support her. Her legs are apart, and an experienced midwife is behind her to catch the baby before it falls onto the floor. During the actual delivery the midwife checks that the umbilical cord is not around the baby's neck. In some instances gingelly oil is applied to the vagina to ease the delivery. (This is referred to in a proverb about there being an appropriate time and place for everything: "It is like delivering a child where oil is seen.")

In the old days midwives knew how to put a hand inside and pull the baby out, and some can still do this (after carefully cutting their nails and washing the hands): it is only done as a last resort with a difficult delivery, though. Before that in a difficult case the midwife feels the surface of the stomach to tell if the baby is in the wrong position. If it is, then the mother is made to place her head on the pounding stone, and five or six women support her as she balances there, upside down with her legs held up in the air. Then

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[845] a midwife who knows this skill shakes the woman's legs until the baby comes into the right position.

Post-partum Practices

4.10. Before the cutting of the umbilicus, the baby is laid on the floor on sacking or cloth. The cord is tied with a piece of string (in old days, a thread lampwick), some 8 cm. from the belly. This string is to curtail bleeding. Then the umbilical cord is cut with a penknife or razor blade. In earlier days, significantly, it was only to be cut with a knife made by the Kotas and otherwise used in reaping.

Immediately a couple of handfuls of cold water are poured on the infant's shoulders or dabbed on with a cloth. In particular the left shoulder of a boy is wetted, or the crown of the head if it is a girl. This act is intended to make the child strong for carrying things, on the shoulder and head respectively. It is then bathed in very hot water.

In earlier days the next step was to cover the baby with oil pressed from the seeds of the castor-oil bush. Now ground-nut oil is put all over the body instead. The mother also takes a bath in very hot water—hotter than a normal bath. After this she sits down and is given a tumbler of cold water to drink. This is to make any shivering subside and to give her peace of mind. Some
[273] women now take a sip of brandy, a practice dating back a century or so. If a woman's family are too poor to afford a nip of brandy,
[276] a little opium is perhaps given instead, or else very poor people might simply crush a dried poppy head and give it to the mother in a glass of tea or coffee. Typically a poor mother will get one dose of opium just after the delivery, and then another on the
[276] following two days. The problem with using opium as a medicine is that, whether it is taken after childbirth or simply to cure a cold, it may become addictive. The new mother is also given a little palm jaggery (a kind of crude sugar that keeps for years). Next they give her three or four cloves of garlic to eat, while one piece is put into each of her ears.

844 4.11. After both mother and baby have been bathed, the child is
846 brought back to her. The mother sits, holding the baby, with its face on her right side and at the right breast. Before taking its first suck, it is given a drop of ground-nut oil to drink. Then a lime is cut in

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nine or 15 days she might begin to work in the house again (Jagor 1876: 199). Earlier yet, for her first birth, a woman would stay in the pollution hut until the next waning of the moon. In later confinements she would remain in the hut for only three days (Birch 1838: 104). The mother of twins, even if poor, should however stay at home looking after them for at least three months, without doing any outside work.

"A girl who has delivered is a good sight; a field with good crops is a good sight," according to one proverb. Within a month of the birth, on an auspicious day, mother and child return to her husband's house. The party must number (including both of them) at least five persons, and must be of an odd number unless it exceeds 21.

> On arrival there, the infant is placed near the feet of an old man standing by a lamp within the milk-house. Placing his right hand over the head of the infant, the old man blesses it, and a feast is held, before the commencement of which two cups, one containing milk, and the other cooked rice, are produced. All the relations take up a little of the rice and milk, and touch the tongue of the baby with them. (Thurston 1909:109)

If a woman becomes pregnant for the twentieth time by the same husband (a previous marriage does not count), then, whether all the offspring are living or not, the couple go right through the wedding and seventh-month-of-pregnancy ceremonies again. These are performed on a lavish scale, even if the husband has to borrow substantially.

The Form and Sex of the Child

4.14. A proverb asks, "If a mother gives birth to a male child, will the father object to it?" Obviously he will not, since it is a blessing to the family (Verghese 1963: 420). The same idea is also expressed thus: "By delivering a son she is like a prima donna standing on a vantage point and calling out;" or "The man who has begotten a son and the man who has planted a coconut [tree] will not spoil." Another saying puts it quite succinctly: "A strong boy, a weak girl;" and yet another emphasizes that girl babies are not much wanted: "Even though you repeatedly tell her, she is

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only giving birth to girls." Another states: "If a girl is begotten she is useless; if a boy is begotten he is an asset." Yet another proverb puts it thus: "Girls are a disappointment, but the eldest son is like a hearth." Daughters are accordingly cared for less well than sons during infancy, particularly if the couple already have several daughters. Nonethelesss there is no evidence of the female infanticide that used to be practised by Todas.

> The Badagas will welcome the birth of a son or a daughter with equal gladness. The most probable reason for this is that while Hindus see an increasing burden and expense with the hbirt of a daughter, the Badagas see a future livelihood because the daughter as well as the son helps in the fields. (Rhiem 1900: 503)

Even if they are a blessing, "One who has given birth is seven times as ill-fated as one who is without children:" they can be very troublesome!

If a child is deformed since before the birth, that is God's will and nothing can be done about it; but if any damage was done to the baby during the delivery, that can perhaps be rectified. Immediately after the delivery the midwife checks that all the limbs are in order, and at this time can squeeze the head to make it rounder if it seems very long, or can pinch up the nose if it looks flattened.

If a child is born deformed but living, it is believed that either its parents or its patrilineal ancestors committed some great sin; whereas if the deformed child is born dead no such sin was involved. Many Badagas are born with eleven fingers or toes; but this minor matter is considered to be neither lucky nor inauspicious. Badly deformed children of either sex are still encouraged to live and are not done away with; this is even more true of twins, who bring more respect to the parents than a single birth would. However, children blind or deformed from birth are extremely rare, and giants are unknown among the Badagas; dwarfs occasionally are found. One man, about a metre high, was briefly married and divorced, was a highly respected man who took an active part in the village council, and died in his sixties. He was nicknamed "Groundling" but was respected because his conduct was excellent and he came from a good family. He had several brothers of normal stature but was respected more than they were.